



Kamloops Food Assets Index

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Cultural, Local and Organic Grocers

C

- [Cheng Kwong Grocery](#)
Asian (Japanese/Korean) grocer
(250) 554-2272
864 8th St

D

- [Daana Paani](#)
Indian grocer
(236) 425-4284
414 Seymour St
- [Dede Afro Caribbean Market](#)
Ghanaian, Black/African foods
(236) 425-0085
542 Tranquille Rd

E

- [East Stuff Grocery](#)
Chinese, Japanese and Korean grocer
(250) 828-6288
1023A McGill Rd

F

- [Fratelli Foods](#)
Italian grocer
(250) 314-0702
223 Victoria St
- [FraserCart indian Store](#)
Indian grocer
(778) 538-2222
#103 795 McGill Rd



- **Fresh is Best Salsa Company**
Locally made salsas, chips, and imported Mexican foods
(250) 377-7555
1425 Cariboo Pl

G

- **Gary's Deli**
European grocer, German deli
(250) 376-0832
#10 750 Fortune Dr
- **Gourmet Greens**
Local and organic grocer
(250) 372-8744
#18 1415 Hillside Dr

N

- **Nature's Fare Market**
Local and organic grocer
(250) 314-9560
#100 500 Notre Dame Dr
- **Nuleaf Produce Market**
Local and organic grocer
(250) 376-8618
#2 740 Fortune Dr
- **Nutters**
Local and organic grocer
(236) 425-0669
440 Seymour St
- **O&A Convenience - Closed Indefinitely**
Nigerian-owned and operated - various African products
(236) 421-2820
205 Tranquille Rd

S

- **Sweláps Market**
Indigenous owned grocery store
(250) 554-8424
#100 302 Yellowhead Hwy



Cultural Restaurants

A

- [Afrofusion](#)
African-Western Cuisines
(250) 319-2324
326 Victoria St
- [Amsterdam](#)
Dutch breakfast and lunch
(250) 377-8189
#1 111 Oriole Rd
- [Arigato](#)
Japanese cuisine
Aberdeen: #70 1395 Hillside Dr
(250) 314-1185
Valleyview: 1821 Trans-Canada Hwy
(250) 372-9244

B

- [Bamboo Inn](#)
Chinese cuisine
(250) 376-3386
1800 Tranquille Rd
- [Beijing Restaurant](#)
Chinese cuisine
(250) 372-3355
#101 340 Victoria St



- **Blue Fish Sushi**
Japanese cuisine
(778) 470-0360
#3 685 Tranquille Rd
- **Burger Cafe Joy**
Asian inspired burgers
(778) 471-1666
#140 945 Columbia St W (inside the Sa-Hali Mall)

C

- **Casa Azul**
Mexican cuisine
(778) 471-6364
330 Victoria St
- **The Coconut**
South Indian Cuisine
(250) 377-1160
561 Seymour St

D

- **Di Muzio Ristorante**
Italian cuisine
(250) 371-0245
152 Victoria St
- **Dorian Greek House**
Greek cuisine
(250) 377-8786
430 Victoria St

E

- **Eden Bento Cafe**
Japanese and Korean cuisines
(778) 471-7072
#223 450 Lansdowne St



F

- **Farros**
Greek cuisine
(778) 470-2929
#10 1800 Tranquille Rd

H

- **Hacienda Cielito Lindo**
Mexican cuisine
(778) 765-1503
#23 750 Fortune Dr
- **Harvest by Nandi**
Indian fusion cuisine
(250) 851-0026
339 St Paul St
- **Hatsuki Sushi**
Japanese cuisine
(250) 376-8815
424 Tranquille Rd
- **HOJA Mongolian Grill**
Mongolian stir fry bar
(250) 372-3166
256 Victoria St

J

- **Jacob's Noodle & Cutlet**
Japanese and Korean cuisines
(778) 471-3597
260 4th Ave
- **Jadoo Eclectic Indian Cuisine and Craft Cocktails**
Indian cuisine
(236) 425-5091
555 Columbia St W



- **Jamaican Kitchen**
Jamaican cuisine
(250) 376-1970
451 Tranquille Rd

K

- **Kekuli Cafe**
Indigenous cuisine/bannock
(250) 280-3502
#101 300 Columbia St
- **Klasske's Bistro**
Falafel, shawarmas, and donairs
(236) 425-0500
#101 301 Victoria St
- **Koh-I-Noor Indian Restaurant**
Indian cuisine
(236) 425-4540
550 Columbia St W
- **Korean BBQ Gui**
Korean BBQ
(250) 377-0771
#408 1801 Princeton-Kamloops Hwy
- **Krob Krua**
Thai cuisine
(250) 828-0645
298 3rd Ave

L

- **Lee's Garden**
Chinese cuisine
(250) 376-8386
#17 750 Fortune Dr



- **Lemongrass**
Vietnamese cuisine
(236) 425-0022
1211 Summit Dr
- **The Lotus Inn**
Chinese buffet and cuisine
(250) 376-2611
512 Tranquille Rd

M

- **Madras Masala and Grill**
South Indian Cuisine
(236) 425-2211
120 3rd Ave
- **Maurya's Restaurant, Bar, and Banquet**
Indian cuisine
(250) 377-4969
165 Victoria St
- **Minos**
Greek cuisine
(250) 376-2010
262 Tranquille Rd
- **Moon Wok**
Chinese cuisine
Valleyview: #4 111 Oriole Rd
(778) 471-2882
Northshore: 755 Tranquille Rd
(778) 470-5789
Aberdeen: 1820 Rogers Pl
(778) 471-3889



N

- **Nandi's Flavours of India**
Indian cuisine
(250) 374-0340
626 Columbia St W
- **Nara Restaurant**
Korean and Japanese Cuisines
(778) 470-5666
474 Tranquille Rd

O

- **Oh Sushi Mura**
Japanese cuisine
(250) 314-1112
1021 McGill Rd
- **Oriental Express**
Chinese cuisine
(778) 470-2060
1166 8th St
- **Oriental Gardens**
Asian cuisines
(250) 372-2344
545 Victoria St
- **Oya Sushi**
Japanese cuisine
(250) 374-6649
1380 Summit Dr

P

- **Peter's Pasta**
Italian cuisine
(250) 372-8514
149 Victoria St



R

- **[The Raj](#)**
Indian cuisine
(778) 471-4111
438 Victoria St
- **[Ramen Time](#)**
Japanese cuisine
(250) 371-2031
#102 340 Victoria St
- **[Rice Bowl Rose Garden](#)**
Asian cuisines
(250) 372-3868
1180 Columbia St W

S

- **[Shanghai Mandarin Restaurant](#)**
Chinese cuisine
(250) 828-0571
14 - 1315 Summit Dr
- **[SHIFU](#)**
Asian fusion specializing in noodles & bubble tea
(236)-425-2999
440-500 Notre Dame Dr
- **[Sorriso Restaurant & Deli](#)**
Italian cuisine
(250) 376-3421
177 Tranquille Rd
- **[Spice Indian Cuisine](#)**
Indian cuisine
(250) 376-4444
#1 700 Tranquille Rd



- **[Sushi Royal Tokyo](#)**

Japanese cuisine
(250) 214-8675
324 Victoria St

T

- **[Tang Court Buffet](#)**

Chinese cuisine
(250) 371-2806
1835 Rogers Pl

- **[Taka Japanese Restaurant](#)**

Japanese cuisine
(250) 828-0806
270-1210 Summit Dr

- **[Tiger Ramen](#)**

Japanese noodles
(778) 471-6011
1210 Summit Dr

- **[Tobilicious Kitchen](#)**

West African cuisine
(236) 421-2820
205 Tranquille Rd

- **[Tongdak Korean Fried Chicken](#)**

Korean fried chicken
(778) 471-6200
104-340 Victoria St

V

- **[Vyanjan Fine Indian Cuisine](#)**

Indian cuisine
(250) 374-3381
354 Seymour St



Y

- [Yew Street Food Hall](#)
Food hall consisting of various ethnic cuisines
(250) 214-4000
#1 107 Yew St

Z

- [Zaika Indian Lounge](#)
Indian cuisine
(778) 471-5787
1021B McGill Rd

Conventional Grocers

(with confirmed International Food Products)

- [Sarah's \(formerly Cain's\) Your Independent Grocer](#)
International Foods Aisle
(250) 312-3323
700 Tranquille Rd #49, Kamloops, BC V2B 3H9
- [Save On Foods](#)
 - **Downtown Location**
(250) 374-4187
450 Lansdowne St
 - **Sa-Hali Location**
(250) 374-6685
1210 Summit Dr
 - **Valleyview Location**
(250) 374-4343
2101 Trans-Canada Hwy
 - **Westsyde Location**
(250) 579-5414
3435 Westsyde Rd



- **Brock Location**
(250) 376-5757
1800 Tranquille Rd

 - **Superstore**
International Foods Aisle
(250) 371-6418
910 Columbia St W

 - **Walmart**
(250) 374-1591
1055 Hillside Dr

 - **Fresh Co**
(250) 374-2811
945 W Columbia St
-

Other Cultural Food Assets in Kamloops

Cultural Food Trucks

- **Kochi Bao**
Handmade baos with traditional and whimsical fillings

Cultural Cooking Classes in Kamloops

- **Kuzina Messer Culinaire**
Immersive and flavour-packed culinary cooking classes

- **The Lazy Coconut Cooking Classes**
Fun cooking classes for parents, kids and couples!



Farmer's Markets

- **[Kwséltkten Farmers' Market](#)**
Inside Kamloopa Powwow Arbour
345 Powwow Trail

- **[Kamloops Regional Farmers' Market](#)**
 - **Saturdays**
8:30 AM - 12:30 PM
245 St Paul St
 - **Wednesdays**
8:30 AM - 1:30 PM
465 Victoria St

Other Food Providers

- **[Ace Curries](#)**
Online Indian Fusion Shop
604-761-2433
info@acecurriestogo.com

- **[Mary's Taste of Egypt](#)**
Shuswap BC, Egyptian Cuisines
647-640-8115

- **[2310 Entertainment Catering](#)**
Catered Caribbean Cuisines
250-572-6707
Instagram: @2310.ent

Cultural Food Events

- **[TRU IDays](#)**
Annual cultural event showcasing food, music, dance, and more!



- **Caribbean Nights**
Pop-up ticketed event recurring at The Stir. Check out our [events calendar](#) for updates!
 - **[Valid Dreams and Kamloops United Church Cultural Dinners](#)**
A rotating cultural dinner theme every Second Friday of the month
-

Locally Owned and Operated Food & Beverage

Dining

Restaurants & Cafes

- **[Brownstone Restaurant](#)**
(250) 851-9939
118 Victoria St
- **[Bubble Time Tea & Waffles](#)**
(778) 471-6688
#106 775 McGill Rd
- **[The Chook Eatery](#)**
(250) 372-8514
151 Victoria St
- **[The Columbia Diner](#)**
(236) 425-5081
555 Columbia St W
- **[Harold's Family Restaurant](#)**
(250) 372-2135
1771 Trans-Canada Hwy



- **Hello Toast**
(250) 372-9322
428 Victoria St
- **Katch Craft Kitchen + Bar**
(250) 319-9291
1175 Rogers Way
- **Kamloops Artisans' Bazaar & Soup Desire Cafe**
(778) 838-7378
705 Victoria St
- **Kelly O'Bryan's Neighborhood Restaurant**
(250) 828-1559
244 Victoria St
- **Kirstens Hideout Café**
(250) 851-3832
1390 Columbia St
- **Masons Kitchen & Bar**
(250) 828-9404
1000 Clubhouse Dr
- **Mitz Kitchen**
(778) 471-5050
227 Victoria St
- **ROMEOS Kitchen + Spirits**
(250) 372-5312
1250 Rogers Way
- **Sandbar Grill**
#10 177 Tranquille Rd
(236) 421-2270
- **The Stock Pot Cafe**
(250) 372-5288
970 Laval Crescent



- **Sweet Home Cafe**
(778) 471-5579
1380 Hillside Dr
- **Twisted Steak**
(236) 425-3001
500 Lorne St
- **Underbelly - By the Pig**
(236) 425-1977
120 5th Ave

Pizza

- **Bold Pizzeria**
(778) 471-2653
945 Columbia St W
- **Pizza Pi Kamloops**
(250) 377-0700
314 Victoria St
- **Red Tomato Pies**
(236) 421-3333
556 Tranquille Rd

Coffee Shops

- **The Art We Are**
(250) 828-7998
246 Victoria St
- **Caffè Motivo**
(250) 372-3565
229 Victoria St
- **Frankly Coffee And Bistro**
(250) 851-9909
437 Lansdowne St



- **[He Brew's Ahava Coffee Inc](#)**
1-877-826-3532
210 Victoria St
- **[Logjam Coffee](#)**
(236) 852-1587
437 Tranquille Rd
- **[Red Beard Cafe](#)**
449 Tranquille Rd
- **[5Bean Brewbar & Cafe](#)**
 - **Sa-Hali Location**
(236) 425-0666
900-1210 Summit Dr
 - **Northshore Location**
289 Tranquille Rd
- **[The Vic Downtown](#)**
(250) 374-6487
377 Victoria St
- **[Amplified Cafe](#)**
(250) 828-2789
465 Victoria St

Bakeries

- **[Brynn's Bakery](#)**
(250) 214-2253
424 Victoria St
- **[Craig's Bakery & Deli](#)**
(250) 376-1117
#29 1800 Tranquille Rd
- **[Cutting Board Bistro & Bakery](#)**
(250) 376-0206
#21 750 Fortune Dr



- **Erwin's Fine Baking & Delicatessen**
(250) 374-1040
419 Mt Paul Way
- **Gold Leaf Pastries**
(250) 299-9950
#14 1415 Hillside Dr
- **Harvest Moon Bakery**
(250) 376-2858
107 Yew St
- **Sweet Spot Cupcakes**
(250) 574-6251
#8 1415 Hillside Dr

Bars

- **Carlos O'Bryans Neighborhood Pub**
(250) 374-4113
357 Victoria St
- **Central Station Pub**
(250) 372-3388
126 4th Ave
- **Commodore Grand Cafe & Lounge**
(250) 851-3100
369 Victoria St
- **Duffy's Neighbourhood Pub**
(250) 372-5453
1797 Pacific Way
- **Fox'n Hounds Pub**
(250) 374-9425
#20 945 W Columbia St



- **Frick & Frack Tap House**
(250) 851-2030
577 Victoria St
- **McCracken Station Pub**
(250) 828-7100
1626 Valleyview Dr
- **On The Rocks Pub & Grill**
(250) 374-9761
1265 Rogers Way
- **Rock'n Firkin Sports Pub & Grill**
(250) 376-6121
726 Sydney Ave

Butchers

- **Chop N Block**
(250) 828-8616
#10-12 1415 Hillside Dr
- **Masala Fusion Meats**
(250) 312-6328
#102 1295 12th St
- **Rangeland Meats**
(250) 571-4551
Knouff Lake Rd
- **Summit Meats**
(250) 374-8868
1180 Columbia St W

Breweries

- **Alchemy Brewing Company**
(778) 471-0096
650 Victoria St



- **Bright Eye Brewing**
(250) 312-1702
292 Tranquille Rd
- **Iron Road Brewing**
(778) 765-8160
980 Camosun Crescent
- **The Noble Pig**
(778) 471-5999
650 Victoria St
- **Red Collar Brewing & Distilling Co.**
(778) 471-0174
355 Lansdowne St

Wineries

- **Monte Creek Winery**
(250) 573-5399
2420 Miner's Bluff Rd
- **Privato Vineyard & Winery**
(250) 579-8739
5505 Westsyde Rd
- **Sagewood Winery**
(250) 573-1921
589 Meadow Lark Rd

Cideries & Distilleries

- **Red Bridge Distilling**
(778) 362-2555
#11 1445 McGill Rd
- **Stills Co. Tapas & Cocktails**
(250) 980-6948
121 5th Ave



- **[Woodward Cider Co.](#)**
(250) 579-8739
5505 Westsyde Rd

Ice Cream

- **[Scoopz Ice Cream Parlour](#)**
(250) 828-1095
265 Lorne St
- **[The Ice Cream Social](#)**
(778) 470-0111
388 Tranquille Rd

This index is regularly updated and open to revisions. Please email info@kamloopsfoodpolicycouncil.com if you have any suggestions or updates to contribute. Thank you!

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