



The Kamloops Food Policy Council's Cultural Food Assets Index

Cultural, Local and Organic Grocers

C

- **Cheng Kwong Grocery**
Asian (Japanese/Korean) grocer
(250) 554-2272
864 8th St, Kamloops, BC V2B 2X3
<https://www.facebook.com/chengkwong1990/>
- **Chop N Block**
Local butcher/deli
(250) 828-8616
1415 Hillside Dr #10-12, Kamloops, BC V2E 1A9
<https://www.chopnblock.ca/>

D

- **Daana Paani**
Indian grocer
(236) 425-4284
414 Seymour St, Kamloops, BC V2C 2G6
<https://www.facebook.com/daanapaaniofficial/>
- **Dede Afro Caribbean Market**
Ghanaian, Black/African foods
(236) 425-0085
542 Tranquille Rd, Kamloops, BC V2B 3H4
<https://dede-afro-caribbean-foods-and-beauty.business.site/>

E

- **East Stuff Grocery**
Chinese, Japanese and Korean grocer
(250) 828-6288
1023A McGill Rd, Kamloops, BC V2C 6H4
<https://eaststuffgrocery.com/>



F

- **Fratelli Foods**
Italian grocer
(250) 314-0702
223 Victoria St
- **FraserCart indian Store**
Indian grocer
(778) 538-2222
#103 795 McGill Rd
<https://frasercart.ca/>
- **Fresh is Best Salsa Company**
Locally made salsas, chips, and imported Mexican foods
(250) 377-7555
1425 Cariboo Pl
<https://www.freshisbest.ca/>

G

- **Gary's Deli**
European grocer, German deli
(250) 376-0832
#10 750 Fortune Dr
<https://www.garyseuropeansausage.ca/>
- **Gourmet Greens**
Local and organic grocer
(250) 372-8744
#18 1415 Hillside Dr
<https://www.gourmetgreensproduce.com/>

N

- **Nature's Fare Market**
Local and organic grocer
(250) 314-9560
#100 500 Notre Dame Dr
<https://www.naturesfare.com/find-a-store/kamloops/>



- **Nuleaf Produce Market**

Local and organic grocer
(250) 376-8618
#2 740 Fortune Dr
<https://www.nuleafproducemarket.com/>

- **Nutters**

Local and organic grocer
(236) 425-0669
440 Seymour St
<https://www.nutters.com/>

- **O&A Convenience**

Nigerian-owned and operated - various African products
(236) 421-2820
205 Tranquille Rd

S

- **Summit Meats**

Local butcher and deli
(250) 374-8868
1180 Columbia St W
<http://www.summitgourmetmeats.com/home>

T

- **Tk'emlups Grocery Store (set to open sometime in 2023)**

Details TBA

Cultural Restaurants

A

- **Afrofusion**

African-Western Cuisines
(250) 319-2324
326 Victoria St
<https://afrofusionmeals.ca/>



- **Amsterdam**
Dutch breakfast and lunch
(250) 377-8189
#1 111 Oriole Rd
<https://www.amsterdamrestaurant.ca/>
- **Arigato**
Japanese cuisine
Aberdeen: 1395 #70 Hillside Dr
(250) 314-1185
Valleyview: 1821 Trans-Canada Hwy
(250) 372-9244
<https://arigatosushi.ca/>

B

- **Bamboo Inn**
Chinese cuisine
(250) 376-3386
1800 Tranquille Rd
<http://www.bambooinnrestaurant.ca/>
- **Beijing Restaurant**
Chinese cuisine
(250) 372-3355
#101 340 Victoria St
<https://beijingkamloops.com/>
- **Blue Fish Sushi**
Japanese cuisine
(778) 470-0360
#3 685 Tranquille Rd
<https://www.bbqgui-bluefishsushi.com/>
- **Burger Cafe Joy**
Asian inspired burgers
(778) 471-1666
#140 945 Columbia St W (inside the Sa-Hali Mall)
<https://www.burgerjoy.ca/>



C

- **Casa Azul**
Mexican cuisine
(778) 471-6364
330 Victoria St
<https://www.casaazulkamloops.com/>
- **The Coconut**
South Indian Cuisine
(250) 377-1160
561 Seymour St
<https://thecoconutkamloops.ca/>

D

- **Di Muzio Ristorante**
Italian cuisine
(250) 371-0245
152 Victoria St
<https://www.facebook.com/dimuzioristorante/>
- **Dorian Greek House**
Greek cuisine
(250) 377-8786
430 Victoria St
<https://www.doriangreekhouse.com/>

E

- **Eden Bento Cafe**
Japanese and Korean cuisines
(778) 471-7072
#223 450 Lansdowne St
<https://edenbentocafe.com/>



F

- **Farros (temporarily closed)**
Greek cuisine
(778) 470-2929
#10 1800 Tranquille Rd
<https://www.facebook.com/FarrosLighthouse/>

H

- **Hacienda Cielito Lindo**
Mexican cuisine
(778) 765-1503
#23 750 Fortune Dr
<http://haciendacielitolindo.com/>
- **Harvest by Nandi**
Indian fusion cuisine
(250) 851-0026
339 St Paul St
<https://www.harvestbynandi.ca/>
- **Hatsuki Sushi**
Japanese cuisine
(250) 376-8815
424 Tranquille Rd
<https://www.hatsukisushi.com/>
- **HOJA Mongolian Grill**
Mongolian stir fry bar
(250) 372-3166
256 Victoria St
<https://hojamongoliangrill.com/>

J

- **Jacob's Noodle & Cutlet**
Japanese and Korean cuisines
(778) 471-3597
260 4th Ave
<https://www.jacobsnoodlencutlet.ca/>



- **Jadoo Eclectic Indian Cuisine and Craft Cocktails**

Indian cuisine
(236) 425-5091
555 Columbia St W

- **Jamaican Kitchen**

Jamaican cuisine
(250) 376-1970
451 Tranquille Rd
<https://jamaicankitchen.ca/>

K

- **Kekuli Cafe**

Indigenous cuisine/bannock
(250) 280-3502
#101 300 Columbia St
<https://www.kekulicafe.com/>

- **Klasske's Bistro**

Falafel, shawarmas, and donairs
(236) 425-0500
#101 301 Victoria St
<https://www.klasskesbistro.ca/>

- **Koh-I-Noor Indian Restaurant**

Indian cuisine
(236) 425-4540
550 Columbia St W
<http://www.indiankohinoor.ca/menu.php>

- **Korean BBQ Gui**

Korean BBQ
(250) 377-0771
#408 1801 Princeton-Kamloops Hwy
<https://www.koreanbbqgui.com/>



- **Krob Krua**
Thai cuisine
(250) 828-0645
298 3rd Ave
<https://www.krobkruathai.com/>

L

- **Lee's Garden**
Chinese cuisine
(250) 376-8386
750 Fortune Dr #17
<https://www.leesgardenrestaurant.ca/>
- **Lemongrass**
Vietnamese cuisine
(236) 425-0022
1211 Summit Dr
<https://www.lemongrasskamloops.ca/>
- **The Lotus Inn**
Chinese buffet and cuisine
(250) 376-2611
512 Tranquille Rd
<https://lotusinnrestaurant.ca/>

M

- **Madras Masala and Grill**
South Indian Cuisine
(236) 425-2211
120 3rd Ave
<https://madrasmasalagrill.com/>
- **Maurya's Restaurant, Bar, and Banquet**
Indian cuisine
(250) 377-4969
165 Victoria St
<https://mauryascuisine.com/>



- **Minos**
Greek cuisine
(250) 376-2010
262 Tranquille Rd
<https://minosrestaurant.ca/>
- **Moon Wok**
Chinese cuisine
Valleyview: #4 111 Oriole Rd
(778) 471-2882
Northshore: 755 Tranquille Rd
(778) 470-5789
Aberdeen: 1820 Rogers Pl
(778) 471-3889
<https://www.moonwok.ca/>

N

- **Nandi's Flavours of India**
Indian cuisine
(250) 374-0340
626 Columbia St W
<https://www.flavorsofindiakamloops.ca/>
- **Nara Restaurant**
Korean and Japanese Cuisines
(778) 470-5666
474 Tranquille Rd
<https://www.narakoreanandjapanese.com/>

O

- **Oh Sushi Maru**
Japanese cuisine
(250) 314-1112
1021 McGill Rd
<http://kamloopssushimura.ca/>



- **Oriental Express**
Chinese cuisine
(778) 470-2060
1166 8th St
<https://www.restaurantmenus.ca/restaurant-menu/oriental-express-restaurant-kamloops/>
- **Oriental Gardens**
Asian cuisines
(250) 372-2344
545 Victoria St
<http://www.oriental-gardens.ca/>
- **Oya Sushi**
Japanese cuisine
(250) 374-6649
1380 Summit Dr
<https://www.oyasushi-kamloops.ca/>

P

- **Peter's Pasta**
Italian cuisine
(250) 372-8514
149 Victoria St
<http://peterspasta.ca/home/>

R

- **The Raj**
Indian cuisine
(778) 471-4111
438 Victoria St
<https://www.therajindiankitchen.com/>
- **Ramen Time**
Japanese cuisine
(250) 371-2031
340 Victoria St #102
https://www.ramentimekamloops.com/?utm_source=gmb&utm_medium=referral



- **Rice Bowl Rose Garden**
Asian cuisines
(250) 372-3868
1180 Columbia St W
<https://ricebowlrosetogo.com/>

S

- **Shanghai Mandarin Restaurant**
Chinese cuisine
(250) 828-0571
14 - 1315 Summit Dr
<https://shanghaimandarin.com/>
- **Sorriso Restaurant & Deli**
Italian cuisine
(250) 376-3421
177 Tranquille Rd
- **Spice Indian Cuisine**
Indian cuisine
(250) 376-4444
700 Tranquille Rd #1
<https://www.spicekamloops.com/>
- **Sushi Royal Tokyo**
Japanese cuisine
(250) 214-8675
324 Victoria St
<https://sushiroyaltytokyo.com/>

T

- **Tang Court Buffet**
Chinese cuisine
(250) 371-2806
1835 Rogers Pl
<https://www.facebook.com/tangcourt>



- **Taka Japanese Restaurant**
Japanese cuisine
(250) 828-0806
270-1210 Summit Dr
<https://www.takajapanese.ca/>
- **Tiger Ramen**
Japanese noodles
(778) 471-6011
1210 Summit Dr
<https://www.facebook.com/tigerramen/>
- **Tobilicious Kitchen**
West African cuisine
(236) 421-2820
205 Tranquille Rd
<https://www.facebook.com/Tobiliciouskitchen/>
- **Tongdak Korean Fried Chicken**
Korean fried chicken
(778) 471-6200
104-340 Victoria St
<http://tongdak.ca/>

V

- **Vyanjan Fine Indian Cuisine**
Indian cuisine
(250) 374-3381
354 Seymour St
https://vyanjanfine.com/?utm_source=google&utm_medium=maps&utm_campaign=website

Y

- **Yew Street Food Hall**
Food hall consisting of various ethnic cuisines
(250) 214-4000
107 Yew St #1
<https://www.yewstreetfoodhall.com/>



Z

- **Zaika Indian Lounge**
Indian cuisine
(778) 471-5787
1021B McGill Rd
<https://zaikaindianlounge.com/>
-

Conventional Grocers

(with confirmed International Food Products)

- **Sarah's (formerly Cain's) Your Independent Grocer**
International Foods Aisle
(250) 312-3323
700 Tranquille Rd #49, Kamloops, BC V2B 3H9
<https://www.yourindependentgrocer.ca/store-locator/details/1815>
- **Save On Foods**
 - **Downtown Location**
(250) 374-4187
450 Lansdowne St
 - **Sa-Hali Location**
(250) 374-6685
1210 Summit Dr
 - **Valleyview Location**
(250) 374-4343
2101 Trans-Canada Hwy
 - **Westsyde Location**
(250) 579-5414
3435 Westsyde Rd
 - **Brock Location**
(250) 376-5757
1800 Tranquille Rd



- **Superstore**
International Foods Aisle
(250) 371-6418
910 Columbia St W
<https://www.realcanadiansuperstore.ca/>
 - **Walmart**
1055 Hillside Dr
(250) 374-1591
<https://www.walmart.ca/en>
 - **Fresh Co**
(250) 374-2811
945 W Columbia St
https://freshco.com/stores/freshco-columbia-summit/?utm_source=G&utm_medium=lpm&utm_campaign=Sobeys
-

Other Cultural Food Assets in Kamloops

Cultural Food Trucks

- **Eats Amore**
<https://eatsamore.ca/>
- **Kochi Bao**
<https://www.facebook.com/kochibao/>

Cultural Cooking Classes in Kamloops

- **Kuzina Messer Culinaire**
<https://www.kuzinamesserculinaire.ca/>
- **The Lazy Coconut Cooking Classes**
<https://www.facebook.com/lazycoconutcookingclasses/>



Farmer's Markets

- **Kwséltkten Farmers' Market**
Inside Kamloopa Powwow Arbour
345 Powwow Trail
<https://www.facebook.com/Kwseltkten/>

- **Kamloops Regional Farmers' Market**
<https://www.kamloopsfarmersmarket.com/>
 - **Saturdays**
8:30 AM - 12:30 PM
245 St Paul St

 - **Wednesdays**
8:30 AM - 1:30 PM
465 Victoria St

Other Food Providers

- **Ace Curries**
Online Indian Fusion Shop
604-761-2433
info@acecurriestogo.com
<https://acecurriestogo.com/shop/page/3/>

- **Mary's Taste of Egypt**
Shuswap BC, Egyptian Cuisines
647-640-8115
<https://tasteofegypt.ca/>

- **2310 Entertainment Catering**
Catered Caribbean Cuisines
250-572-6707
Instagram: @2310.ent

Cultural Food Events

- **TRU IDays**
- **Caribbean Nights**



- **Valid Dreams and Kamloops United Church Cultural Dinners**

This index is regularly updated. Please email info@kamloopsfoodpolicycouncil.com if you have any suggestions or updates to contribute. Thank you!

Updated as of August 2023