

Kamloops Community Meals and Meal Delivery - Summer 2023

Free Resources



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Stone Soup Collective Kamloops City wide meal delivery 9 a.m. - 5:30 p.m.</p> <p>The Loop Food and supplies 405A Tranquille 10 a.m. - 2 p.m.</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>PIT Stop (Kamloops United Church) 421 St Paul St (back door) Dine in meal 3:30-4:30 p.m.</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p> <p>Hills of Peace Lutheran Church Third Sunday of every month, 695 Robson Dr, 6 p.m.</p>	<p>Stone Soup Collective Kamloops City wide meal delivery 9 a.m. - 5:30 p.m.</p> <p>The Loop Food and supplies 405A Tranquille 10 a.m. - 2 p.m.</p> <p>Mount Paul Community Food Centre 140 Laburnum St Dine in meal 12-1 p.m. (closed on stat holidays)</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p>	<p>Stone Soup Collective Kamloops City wide meal delivery 9 a.m. - 5:30 p.m.</p> <p>The Loop Food and supplies 405A Tranquille 10 a.m. - 2 p.m.</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>Lighthouse Project Meal delivery 6:30 p.m. Northshore and Downtown</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p>	<p>Stone Soup Collective Kamloops City wide meal delivery 9 a.m. - 5:30 p.m.</p> <p>The Loop Food and supplies 405A Tranquille 10 a.m. - 2 p.m.</p> <p>Salvation Army Food Truck <u>Georgian Court</u> 406 Fortune Dr 11:15-11:35 a.m.</p> <p><u>Lighthouse</u> 1605 E Trans-Canada Hwy Frtg 11:50 a.m. - 12:10 p.m.</p> <p><u>Motel 6</u> 1763 e trans Canada hwy 12:15-12:35 p.m.</p> <p><u>Tournament Inn</u> 1893 e trans Canada hwy 12:45-1:15 p.m.</p> <p>*All stops in Valleyview are eligible for mobile food bank from the food truck. Must call 250-554-1693 ext 200 to order a food hamper the day before (Tuesday) by 12 p.m.</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p>	<p>Stone Soup Collective Kamloops City wide meal delivery 9 a.m. - 5:30 p.m.</p> <p>The Loop Food and supplies 405A Tranquille 10 a.m. - 2 p.m.</p> <p>Mount Paul Community Food Centre 140 Laburnum St Dine in meal 12-1 p.m.</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p>	<p>Stone Soup Collective Kamloops City wide meal delivery 9 a.m. - 5:30 p.m.</p> <p>The Loop Food and supplies 405A Tranquille 10 a.m. - 2 p.m.</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p>	<p>Stone Soup Collective Kamloops City wide meal delivery 9 a.m. - 5:30 p.m.</p> <p>The Loop Food and supplies 405A Tranquille 10 a.m. - 2 p.m.</p> <p>The Mustard Seed 181 West Victoria St Lunch 12 p.m. Dinner 5 p.m.</p> <p>Meal Train City wide meal delivery to street locations in North Shore, Downtown, Valleyview, and Sahali</p>

Kamloops Community Meals and Meal Delivery - Summer 2023

Free Resources for YOUTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour St 8:30 a.m. - 7 p.m.</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12 p.m. - 3 p.m. & Hot Meal (ages 11-18) 3 p.m. - 6 p.m. & The Necessity Nook – <i>hamper</i> (ages 11-24) 12 p.m. - 6 p.m.</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour St 8:30 a.m. - 7 p.m.</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12 p.m. - 3 p.m. & Hot Meal (ages 11-18) 3 p.m. - 6 p.m. & The Necessity Nook – <i>hamper</i> (ages 11-24) 12 p.m. - 6 p.m.</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour St 8:30 a.m. - 7 p.m.</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12 p.m. - 3 p.m. & Hot Meal (ages 11-18) 3 p.m. - 6 p.m. & The Necessity Nook – <i>hamper</i> (ages 11-24) 12 p.m. - 6 p.m.</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour St 8:30 a.m. - 7 p.m.</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12 p.m. - 3 p.m. & Hot Meal (ages 11-18) 3 p.m. - 6 p.m. & The Necessity Nook – <i>hamper</i> (ages 11-24) 12 p.m. - 6 p.m.</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour St 8:30 a.m. - 7 p.m.</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12 p.m. - 3 p.m. & Hot Meal (ages 11-18) 3 p.m. - 6 p.m. & The Necessity Nook – <i>hamper</i> (ages 11-24) 12 p.m. - 6 p.m.</p> <p>BGC Kamloops Family Social (with children under 8) 150 Wood St 4:30 p.m. - 6:30 p.m. Registration required, contact fsupport@bgckamloops.com</p>	