

Kamloops Community Meals and Meal Delivery- Winter 2023 Free Resources



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PIT Stop (Kamloops United Church) 421 St Paul- Dine in meal 3:30-4:30pm</p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am – 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>Mount Paul Community Food Centre 140 Laburnum St Dine in meal 12:00-1:00pm</p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am– 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am – 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p> <p>Lighthouse Project Meal delivery 6:30pm Northshore and Downtown</p>	<p>Salvation Army Food Truck- Light House <i>1605 E Trans-Canada Hwy Frtg</i> <u>11:15-11:35</u> Motel 6 <u>11:40- 11:55pm</u> Tournament Inn <u>12:05- 12:30pm</u> Georgian Court <i>406 Fortune Dr</i> <u>1:00-1:30</u></p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am – 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>Mount Paul Community Food Centre 140 Laburnum St Dine in meal 12:00-1:00pm</p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am - 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p> <p>Lighthouse Project Meal delivery 5:00pm Northshore and Downtown</p>	<p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am-7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am-7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>

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Free Resources for YOUTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-7pm</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12pm-3pm & Hot Meal (ages 11-18) 3pm-6pm & The Necessity Nook – hamper (ages 11-24) 12pm-6pm</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-7pm</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12pm-3pm & Hot Meal (ages 11-18) 3pm-6pm & The Necessity Nook – hamper (ages 11-24) 12pm-6pm</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-7pm</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12pm-3pm & Hot Meal (ages 11-18) 3pm-6pm & The Necessity Nook – hamper (ages 11-24) 12pm-6pm</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-7pm</p> <p>BGC Kamloops Hot Meal (ages 11-24) 150 Wood St 12pm-3pm & Hot Meal (ages 11-18) 3pm-6pm & The Necessity Nook – hamper (ages 11-24) 12pm-6pm</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-7pm</p> <p>BGC Kamloops Hot Meal (ages 13-21) 150 Wood St 4pm-10pm & The Necessity Nook hamper (ages 11-24) 12pm-6pm</p> <p>BGC Kamloops Family Social (with children under 8) 150 Wood St 4:30pm-6:30pm Registration required. More information on the website and facebook page</p>	