

Kamloops Community Meals and Meal Delivery- July 2022

Free Resources



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>PIT Stop (Kamloops United Church) 421 St Paul- Dine in meal 3:30-4:30pm</p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am – 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>Mount Paul Community Food Centre 140 Laburnum St Dine in meal 12:00-1:00pm</p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am– 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am – 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p> <p>Lighthouse Project Meal delivery 6:30pm Northshore and Downtown</p>	<p>Salvation Army Food Truck- Motel 6 <u>11:30- 12:00pm</u> Tournament Inn <u>12:00- 12:30pm</u> Storage Center- across City Hall <u>12:45-1:15pm</u></p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am – 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>Mount Paul Community Food Centre 140 Laburnum St Dine in meal 12:00-1:00pm</p> <p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am - 7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p> <p>Lighthouse Project Meal delivery 6:30pm Northshore and Downtown</p>	<p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am-7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>	<p>The Mustard Seed- 181 West Victoria Street Lunch and dinner 9:00am-7:00pm</p> <p>Stone Soup Collective Kamloops City wide meal delivery 9am-5:30pm</p> <p>Meal Train (city wide meal delivery) The Loop (food and supplies) 405A Tranquille 10am-2pm</p>

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Free Resources for YOUTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-6pm</p> <p>BGC Kamloops Hot Meal (ages 11-18) 11am-4pm & The Necessities Nook-hampers (ages 15-24) 11am-4pm Youth Room Door-John Tod Centre</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-6:30pm</p> <p>BGC Kamloops Mornings at the Club (sleeping/breakfast program - ages 11-24) 8:30-11:30am</p> <p>Hot Meal (ages 11-18) 11am-4pm & The Necessities Nook-hampers (ages 15-24) 11am-4pm Youth Room Door-John Tod Centre</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-6:30pm</p> <p>BGC Kamloops Hot Meal (ages 11-18) 11am-4pm & The Necessities Nook-hampers (ages 15-24) 11am-4pm Youth Room Door-John Tod Centre</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-6:30pm</p> <p>BGC Kamloops Mornings at the Club (sleeping/breakfast program - ages 11-24) 8:30-11:30am</p> <p>Hot Meal (ages 11-18) 11am-4pm & The Necessities Nook-hampers (ages 15-24) 11am-4pm Youth Room Door- John Tod Centre</p>	<p>ICS Youth Street Outreach Meals to go (ages 13-24) 408 Seymour 8:30am-6:30pm</p> <p>BGC Kamloops Hot Meal (ages 11-18) 11am-1pm (ages 15-24) 1pm-4pm & The Necessities Nook-hampers (ages 15-24) 11am-4pm Youth Room Door-John Tod Centre</p> <p>BGC Kamloops Friday Family Nights Dinner 5:30-7pm must pre-register BGC Kamloops Facebook Page</p>	