



KFPC MINUTES

Wednesday, November 1, 2017

Mt Paul Food Centre, 140 Laburnum St

Meeting 5:30-7:30pm

NETWORKING MEETING

WELCOME from

Rotating Chairperson: Deanna Hurstfield

Note Taker: Bonnie Klohn

1. **Territory Acknowledgement** 5:30pm

2. **Round Table Introductions**

Deanna Hurstfield (Kamloops Organic Bulk buy), Bonnie Klohn (KFPC), Addie de Candole (Farm to School BC), Sam Birchall, Sandra Frangiadakis (KFPC), Jesse Ritcey, Amanda Hunter (dietetic intern), Amber Hum (CSI), Lindsay Harris (UBCO), Shauna Pezzot, Rob Wright (Garden Gate), Heather Spooner (NRSC), Nicole (White Buffalo), Alexis Bluscheski (ICS), Matt Greenwood (ASK wellness), Leanne Fisher (Gleaning owner), Laura Kalina (IH dietitian), Robyn McClean (Seeds, consultant), Donovan Cavers (City Council), Sonya Rokosh (Garden Gate volunteer), Lisa Forth (Go Forth Composting), Joey Tasker (Enactus at TRU), Ben Chobater (City of Kamloops), Graham Casselman (TNRD), Shelaigh Garson (Permaculture design), Joanne Jurass (Breastfeeding matters), Hannah Jurass, Stacey Burger (find out more), Nicholas Adams (Makerspace), Dave Whiting (retired planner and agrologist), Ashley Robb (first meeting, came with Mary Dunston- Live Love Laugh wellness gardens), Mary Dunston (Live Love Laugh wellness gardens), Erica (Garden gate), Gabrielle Bray (Kamloops Food Bank), Glenn Hilke (JUMP, my place program), Cynthia Travers (My Place Coordinator), Laurence Baricello (Food Share volunteer), Yenni Yao (GAP volunteer, and community garden).

3. **Accept minutes** from October 4, 2017 meeting (see website)

Motion to approve: Mary Dunston, Carried.

4. **KFPC Board Update** - Rob Wright

The Board is pursuing a Strategic Plan update, looking to give a focus, and keep an all encompassing vision and mission, working with staff in collaborative model to provide guidance and clarity on direction for partnerships, programs and policies.

5. KFPC Programming Update

a. GAP (Sandra Frangiadakis):

- Almost 20,000 pounds of fruit and donated over 10,000 to the community,
- Looking forward to starting a seed library over the winter
- Grand opening and volunteer appreciation party- Friday November 17th, refreshments
- Posting for communications and administration job, deadline Friday November 3rd

b. Regional Food Sovereignty/Financial (Bonnie Klohn)

- The Wild Salmon Caravan was in Kamloops on October 11th, and was very successful with 7 classes, and 300+ people in the parade. The feast was amazing!
- We have been working on providing OCP input to the City regarding food policy
- We have done several presentations recently, including one in Lillooet

c. Communications/Admin - job is posted!

- Official thank you to Addie!

6. ICS Update - Alexis Blueschke

- Grand opening of the Food Centre is Nov 17th! You are all invited
- There have been several Shaw TV segments on food security work including GAP, food centre, Farm to School, Boys and Girls Club cooking
- Laughter Yoga on Wednesday Nov 8th from noon to 1

7. Dinner and Networking, 6pm

8. Community Spotlight: 6:40

a. My Place - Glenn Hilke and Cynthia Travers (15 min)

Context: The Homelessness Action Plan (HAP) created in 2013 and attempted to address poverty and affordable housing, as well as food security. There were several outcomes of the HAP:

- A theatre piece called "Homelessness"
- The Lived Experience Committee

- The My Place program

My Place is an informal drop in centre run by the Elizabeth Fry society on the corner of King Street and MacDonald Ave where people can come to socialize and access resources for nutrition, housing and a monthly life skills network meeting. Many people use the program to access bus passes, lunch and to help each other. *See attached information brochures for more information.*

Advocacy around nutrition and transportation is also a big part of the program. Representatives from My Place and the Lived Experience Committee went to Winnipeg for the National convention on homelessness, and found Food Sovereignty was underrepresented as an important aspect of community.

This winter, Stuart Wood Gym is a new emergency response weather centre where people can access shelters, bathrooms, showers etc. It will be open 7 days a week. They will need lots of volunteers for cooking for people who are there.

b. Serve: July 1-7, 2018 - Joanne Juras (10 min)

The Southwest Community Church is organizing an event called Serve, which takes place July 1st through 7th, involving 300 high school aged students who will be here to work in community. They are looking for work projects that relate to social issues such as homelessness, food security, and community work projects. The students will come with leaders who will help them evaluate and learn from their experience. Project suggestions/requests will be accepted until the end of June. *See attached information brochure for more information.*

c. Lindsay Harris

Lindsay is a PhD student looking at how communities make decisions about food security initiatives, including how programs are evaluated and how effective are they. She will be doing participant observation at KFPC meetings and events and is seeking consent of the membership. She may speak with people about her research and/or take notes about what is being discussed. Any comments you make in the meetings will not

have your name attached to them. You will not be asked to do anything over and above what you are already doing as a part of the community group. She may also use audio recording or photos, but will always inform the group prior to the recording. *Please see the attached consent form for more information.*

9. Upcoming Events/Announcements/Volunteer Needs

- a) Annual Chamber of Commerce business awards gave JUMP project of the year- Peer-driven, peer support model. Glenn wants to thank Food Bank, Garden Gate, Go Forth Composting, ASK Wellness, Gleaning program, Deanna and Farmers Market, Dave for wisdom and advice, Laura for mentorship.
- b) The Kamloops Naturalists Club is looking to provide a proposal for an outdoor classroom nature centre at McArthur Island park on the golf club. This project has many potential connections to food including pollinators, the McArthur Island slough as spawning grounds for salmon, medicinal plants, indigenous plants, eco-tourism. They are looking for ideas on what a nature centre means to you and are asking you to bring your ideas to the next meeting!!

10. Spotlight for December: Gisela Ruckert, Kamloops Transition Town

NEXT MEETING will be on Wednesday, December 6, 5:30-8pm MOUNT PAUL FOOD CENTRE

Chair: Deanna

Minute Taker: New comm/admin coordinator

Set up: Gabriel Bray, Mary Dunston, Ashley Robb

Clean up: Sandra, Deanna

Elizabeth Fry Society – *Kamloops, British Columbia*



Life Skills Development Program



Lived Experience Committee

Cynthia Travers, Coordinator / 778-257-9072

Robert French, LEC Chair / 250-299-6054

Glenn Hilke, Program Manager / 250-571-5415

lifeskillsdevelopmentproject@gmail.com



my place

drop-in space

A safe, secure, and friendly space

~ Lunch and Coffee ~ Friends and new faces ~

Support for housing, health & employment

500 MCDONALD AVENUE - (CORNER OF KING STREET)

Tuesdays & Thursdays from 12-4 pm

BUS TICKETS
CONNECT WITH COMMUNITY RESOURCES
ART ACTIVITIES
YMCA & ARCH PASSES
LEISURE ACTIVITIES
FIELD TRIPS

For more information contact Glenn Hilke, Life Skills Coordinator

Call: 250-571-5415

OR

e-mail: lifeskillsdevelopmentproject@gmail.com



What is SERVE?

SERVE is a youth mission and youth conference rolled into a week-long event. Teenagers (approx. ages 12 to 18) from Canadian Baptist Churches across Western Canada come together to converge on one City or town each year with the sole purpose of serving the local community. Approximately 300 teens come in groups from their church (around 40-60 groups) with their own transportation and leaders to serve the community! This year, SERVE is being hosted by Southwest Community Church in Kamloops BC!

Groups arrive in the evening of Sunday, July 1st and leave the Saturday morning, July 7th. We send groups out into the community Monday, Tuesday, Thursday and Friday leaving them with Wednesdays off to explore our great city. In the evenings we gather together at Southwest Community Church for a rally/service.

How can we partner together?

We are looking for work projects that we can partner with during the week! We prefer projects where students can see the practical need being met. The students are not professionals; but they do enjoy working, especially when they get to work alongside people in the community they are serving. SERVE over the years has done everything from serving lunch at a shelter, spending time in Nurses homes, helping High River residents after the flood (in 2013), working at community garden sites, day camps and more. Jobs have included painting, (exterior typically), cleaning, weeding/gardening, light 'construction', to name a few.

We suggest work programs start at about 9am and end around 3pm. They bring their own lunches, all they need is a space to eat, washrooms available, and they're good to go. Some groups come with leaders who are professionals (such as painters, carpenters, welders, etc.), so if your project needs specific help, let us know and we will do our best to find a group that can assist your project. Each person is told to bring work gloves to their site, but any other tools or supplies needed should be provided by the site.

Stay In Touch!

July will come quickly, and we are more and more excited! As our team puts together work projects we would love to hear from you. With 35+ groups over 4 days, we have flexibility to work through project ideas.

Thank you for your time and I hope we can partner together to SERVE our community!



Hannah Juras
Youth Pastor
Southwest Community Church





Participant Observation Consent Form

Passionate Interests & Community Decision-Making: Increasing Food Security in Kamloops, BC

Who is conducting the study?

The principal investigator is Dr. Mike Evans, Professor of Anthropology, Department of Community, Culture and Global Studies, UBC Okanagan (250-807-9401). The co-investigator is Lindsay Harris, PhD Candidate, Department of Community, Culture and Global Studies, UBC Okanagan (250-572-3085).

Why are we doing this study?

We are doing this study to learn more about how communities make decisions about the initiatives they implement to address food insecurity, a key public health issue in BC. This project will answer several critical questions about community based food initiatives with broader significance for social initiatives in general. How and why do advocates choose to pursue the initiatives they do? Who gets to contribute to the process of deliberation about their value? And how? The study will build on Kamloops' considerable work in food security and food systems. Our aim is to facilitate continuation of these efforts by working with community partners to develop additional knowledge and resources.

How is the study done?

To understand Kamloops' grassroots decision-making and evaluative processes, researchers will conduct participant observation over approximately a one-year period. Observations will take place at Kamloops Food Policy Council (KFPC) networking meetings and events, relevant municipal council meetings or community consultations and other sites where community members engage in food initiatives (e.g. community gardens). Archival research and interviews with key knowledge holders will also be conducted.

If you decide to participate, researchers will observe and record (using notes, audio recordings or photographs) activities and conversations that occur at the settings outlined above. Researchers will also participate in the work of various initiatives in a volunteer capacity. If you prefer not to be observed, please let us know and we will not record any observations about you. You will not be asked to do anything specific beyond your normal participation in Kamloops food initiatives.

How will the study results be available?

The results of this study will be reported in a graduate thesis (publicly available on the internet via ciRcle) and may also be published in journal articles and books. A summary report will be provided to the KFPC Board.

Is there any way being in this study could be bad for you?

We do not think that participation in this study can be bad for you. Your responses are valuable to us, and we will protect your confidentiality and privacy. It is important to remember that participant



observations are conducted at public gatherings and are, therefore, somewhat public information. We cannot guarantee confidentiality of public documents or public interactions. However, researcher notes from participant observations at public events will be kept confidential and will only be shared among research team members.

You might decide that you do not want information that you shared with us to be made public. At your request, we will remove such statements from the recordings and/or notes and will not use them in the project. You are free to withdraw from participation in the study at any time. If you choose to withdraw, we will remove your statements from the recordings and/or notes and will not use them in the project.

What are the benefits of participating?

We do expect that you will directly benefit from participating in this study by being able to add your voice and insight into research about local food systems that will inform policy decisions into the future. You will also have a chance to learn other insights and opinions about the issue of food security in your community. We hope this will be of benefit to both you and the community of Kamloops. We hope that others will benefit from what we have learned, in other communities where food security strategies are being contemplated.

How will your privacy be maintained?

Data collected during the project will be stored on a secure server at the University of British Columbia, and not shared with anyone else unless you consent to share. Data will be retained indefinitely for the purpose of future research.

Results that are part of publicly available documents produced by this research project will not contain any personally identifying information.

Will you be paid for your time/ taking part in this research study?

No.

Who can you contact if you have questions about the study?

If you have any questions, please contact Dr. Mike Evans, either by email at mike.evans@ubc.ca, by phone at 250-807-9401, or by mail, Dr. Mike Evans, CCGS, I.K. Barber School of Arts and Sciences, The University of British Columbia, 1147 Research Rd., Kelowna, BC, V1V 1V7.

Who can you contact if you have complaints or concerns about the study?

If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact the Research Participant Complaint Line in the UBC Office of Research Services toll free at 1-877-822-8598 or the UBC Okanagan Research Services Office at 250-807-8832. It is also possible to contact the Research Complaint Line by email (RSIL@ors.ubc.ca). Please reference the study number **H17-02316** when calling so the Complaint Line staff can better assist you.



Participant Observation Informed Consent

- ☐ I am at least 19 years of age and am legally able to give my consent.
- ☐ I have a copy of this consent statement for my own records.
- ☐ I am aware that my participation may be recorded (notes or audio recordings).
- ☐ I consent to have photographs of my participation taken during the study.
- ☐ I consent to have the results of my participation used for the described purposes.

Name: _____

Signature: _____ Date: _____

Consent to Use of Image (to be completed prior to publication of results if applicable)

- ☐ I have reviewed the visual images of my participation with the researchers, and I see no negative consequences arising from being portrayed in these images as a participant contributing to this study. I agree to have visual images of my participation included in the publicly available results of this study. I understand no other personally identifying information will be published.

Name: _____

Signature: _____ Date: _____