



Kamloops Food Policy Council

Wednesday, September 6, 2017

Mt Paul Food Centre, 140 Laburnum St

Meeting 5:30-7:30pm, clean up 7:30-8pm

NETWORKING MEETING MINUTES

WELCOME from

Rotating Chairperson: Matt Greenwood

Note Taker: Addie de Candole

Set Up: Erica, Shelaigh

Clean Up: Sandra, Deanna

1. **Territory Acknowledgement** 5:30pm

2. **Round Table Introductions**

Matt Greenwood, Paul Denby (KFPC board, teacher), Shelaigh Garson (permaculture designer), Sonya, Donovan Cavers (City Councillor), Jessie Bocek (City Council candidate, YKA Media), Lisa Forth (Go Forth Composting), Lindsey Harris (PhD Candidate), Patrick (LEC Committee), Cynthia (My Place Program), Rob Wright (Gardengate), Joanna Joras (Breastfeeding Matters), Bernadette Siracky (Food Bank), Mackenzie (Food Bank), Barb Lundstrom, Shauna (GAP volunteer), Ben Chobater (City of Kamloops), Dave, Shirley, Dave Whiting, Glenda, Jillian and Merlin (interested in permaculture), Jeanne Marr (City Council candidate, Protein for People), Ken Christian (Mayor candidate), Glenn Hilke (Mayor candidate), Bill McQuarrie (Mayor candidate), Sandra Frangiadakis (KFPC), Laura Kalina (IH, KFPC past-chair), Cathy Wang (dietitian), Addie de Candole (KFPC), Carole Hebden (KFPC Board Chair)

3. **Accept minutes** from August 2, 2017 meeting (see website)

Moved by Carole Hebden, accepted.

4. **KFPC Board Update** – Carole Hebden

- Social enterprise - received funding from two organizations, taking gleaned fruit and processing to add value and donating to Boys and Girls Club to be used for childrens' snacks, creating a new outlet for gleaned fruit, increasing the self-sufficiency of GAP.
- Wild Salmon Caravan (WSC) - Oct 11 at 10am, mardi gras with salmon, partnering with BC Indigenous Food Sovereignty working group

5. **KFPC Programming Update**

a. GAP (Sandra) - Gleaning harvests, Social enterprise

- KFPC has an office at the Mt Paul Food Centre, much easier for GAP
- This year, picked over 11,000lb and 6,000lb donated, 200 active harvest volunteers
- Are looking for volunteers to put up posters for the Wild Salmon Caravan - KIB, Dallas, Pine View, and downtown

- Looking for volunteers on Oct 10th and 11th to help prepare the feast
 - Looking for a meat slicer (electric) and food donations to the lunch (beans, squash, wild game, salmon, etc) contact Sandra or Cathy Wang
- b. Communications/Admin (Addie) - Website and Logo
- New logo, see agenda and Facebook for logo!
 - Website still under development, will be released by December
- 6. Upcoming Events/Announcements/Volunteer Needs**
- Glenn (JUMP) - First Sunday brunch last weekend, 50 people came, 10am-2pm each Sunday. Are continuing to serve breakfasts and lunches throughout the week; took over the meals during the summer when other programs ended and have decided to continue serving meals. Lots of tomatoes available to pick from the garden!
 - Addie - Farm 2 Chef Grazing event this Sunday, Sept 10, it will be held at Stuart Wood school yard this year, tickets are \$60
- 7. Dinner and Networking 6pm**
- 8. Mayoral Candidates spoke on food policy, 6:30-7:30pm**
- a. Ken Christian
 - b. Bill McQuarrie
 - c. Glenn Hilke
- Unable to attend: Todd McLeod, Mike McKenzie, Stu Holland

Ken Christian

- Thank you for all of the work that you in food security and poverty reduction
- Worked alongside Laura Kalina for 25 years in the past, learned a lot from her about feeding the community with quality food
- Raised on a farm, worked as a public health inspector
- in 1993 he was a school trustee, learned quickly that hungry kids don't learn, but the mentality was that you had to teach kids and not feed them. So he and Laura looked at Urban Harvest, and taking unused food from banquets to the New Life Mission, and starting community kitchens. Sees there is a need for more community gardens in Kamloops
- Gleaning program is helping harvest and reducing waste
- Community Kitchens provide that social isolation fix that affect a lot of people, not just address food insecurity
- kenchristian.ca, can see that food is part of the social determinants of health

Glenn Hilke

- It all starts with food and healthy soil, air, water
- Food security is related to poverty, homelessness, mental health, among others
- Many people in our community are at risk of food insecurity, have to travel everywhere for each meal and pick up produce at the Food Bank
- Have to work on many different issues when addressing food insecurity. Looking at current administration, many of these issues have not been dealt with. These ideas were present in Kamloops plans over a decade ago, and the problems are getting worse, more people struggling, homeless, hungry now more than ever
- We need to work on solution-oriented programs

- Has seen people who come to JUMP starving and asking for food
- As mayor, he would pull together many organizations involved in hunger, homelessness, housing and create a holistic view

Bill McQuarrie

- Grew up gardening and canning
- Had a farm in the Cariboo and grew most of their own food, raised kids there
- Health is fundamental, it is the core value of all of our work
- As mayor, everything is about partnerships and engagement
- Could start planting fruit trees in the parks, feed people walking by
- Bylaws officers could give people fruit as they walk around, give people fruit instead of a ticket
- Every park in Kamloops needs to contribute to food security

Question Period:

To Ken Christian

- Why did you vote against urban hens? Ken sees a public health issue in having people live close to animal feces. He said, "If it's rural, keep it rural."
- Water conservation - can't force anyone to get rid of lawns, can definitely encourage water conservation and having gardens. Has a personal garden, loves it, finds it very therapeutic.
- Farmers' Market - second to the Blazers, the Farmers' Market is the biggest attraction in Kamloops. Maybe look at using Stuart Wood school after City maybe gets control of the Stuart Wood property. Look more into a year-round farmers' market, doesn't want it to be a flea market in the winter, need to actually support the farmers.

To Bill McQuarrie

- What do you see that works well in FUAP? Community gardens need to be expanded, people need to learn more about food. When people get their hands dirty, they become advocates for healthy food, and it's an opportunity for them to eat well. Look at encouraging more edible landscaping, replacing lawns with gardens. Would facilitate the work of the KFPC as mayor.
- How would decreasing taxes support the work? \$1.2 million City could use this money to support work of community programs, not about program cuts, it is about becoming more efficient.
- Garden - has personal garden; garden overgrew the back fence and letting people pick as they walk by. Water is better used to grow gardens than lawns.
- Farmer's Market - figure out what the issues are that affect the market, and would work to solve them. Would work with the City managers to figure out the problem, would make it better.
- Composting/green waste - We seem to be going backwards, taking away recycling and put onus on residents to compost and manage waste. Would start a municipal composting program.
- Community gardens - if need more money to build community gardens, could have more private fundraising, showing the City that people care about the garden.

- City's role is that of leadership, taking role of food and marketing back to its roots.

To Glenn Hilke

- What do you think about converting lawns to gardens? Could have public education campaigns, backyard sharing program, collect rainwater, need more opportunities for food sovereignty and security. You save money by growing your own food.
- Farmers' Market - want to make farmers' market and food part of the culture of Kamloops, many organizations in Kamloops donate food and receive donations
- Feels that there is not enough support from the City in terms of urban agriculture. There are some bylaws that are antiquated and should be updated.
- Composting/green waste - Would implement a composting program. Want to start manufacturing plant here in Kamloops to make compostable containers.
- Community gardens - Look more into public-private sponsorships, e.g. success of Grow a Row program, could sponsor community gardens
- Glenn would donate 100% of his salary as mayor, the Mayor's Challenge Fund Foundation, which would have a board of directors and be at arm's length from Glenn as mayor. Would have food security as a priority.
- City makes it hard to support urban agriculture, need timelines, budgets and deliverables to be more successful.
- Need to bring the City plans into fruition, Glenn "walks the walk", would work tirelessly to lobby politicians to support Kamloops and poverty/homeless/food

9. **Highlight for October:** _____

NEXT MEETING will be on Wednesday, October 4, 5:30-8pm MT PAUL FOOD CENTRE

Chair: Lisa Forth

Minute Taker: Addie

Set up:

Clean up: