



# KFPC NETWORKING MEETING MINUTES

Wednesday, August 2nd, 2017: 5:30-8:00 pm

Mt Paul Food Centre, 140 Laburnum St. Kamloops

WELCOME from

Rotating Chairperson: Carole Hebden

Set Up: Sandra, Bonnie, Carole

Note Taker: Bonnie Klohn

Cleanup: Sandra, Deanna

## 1. Round table introductions at 5:30pm

Acknowledgement of Secwepemc traditional territory

Acknowledgement of fires and impact on food- how will we rebuild the food system?

Introductions: Carole Hebden (KFPC Board Chair), Courtenay Mason (TRU, Canada Research Chair re: food security), Shelaigh Garson (Permaculture consultant), Erica (Gardengate), Nathan (Urban Systems Foundation), Alison (Urban Systems), Donovan Cavers (City Council, Conscientious Catering), Ben Chobater (City of Kamloops Community Development Coordinator), Dede Bone (Community Kitchens ICS), Dawn Christie (Mt Paul Food Centre, ICS), Matt Greenwood (ASK Wellness), Bonnie Klohn (KFPC staff), Josie Howitt (City of Kamloops, Green drinks @ Red Collar- third Wednesday of every month 5-7 pm), Cathy Wang (Q'wemtsin), Anne Grube (Kamloops Regional Farmers Market)

## 2. Motion to accept minutes from May 3th meeting. Moved by Dede, carried.

Presentation of the Golden Apple Award to Interior Community Services

## 3. Community highlight- Courtney Mason TRU Rural Livelihoods and Sustainability: Rural Food Initiatives in the North

Notes on the talk:

- Indigenous rights and Indigenous land rights; origin of Courtney's story is the Oka Crisis, and also about food-contested areas were traditional territories used for agricultural production.
- Indigenous land use rights have been a focus for him- worked for many years at Nakoda reserve which overlaps Banff National Park, and was displaced as a result of the park
- Agricultural ranching lifestyle was part of the displacement or seasonal migrations that were traditional for that area
- Pass system (1885) curbed local subsistence practices
- Park expanded majorly with park's establishment and the tourism economy that was based on hunting and fishing
- Courtney moved back East to work with health professionals discussing traditional rights and title as fundamental to food security

- Worked in very rural communities
- Fur trade changed the relationship of people to the land- a lot of Courtney's work is based around local food and the dietary and cultural benefits, and the barriers that people face to access this food- climate change, traditional knowledge, chronic diseases, access to sustainable funds for food programs
- Courtney's book looks at the barriers to local food through an interdisciplinary lens- increasing production, no access to knowledge, no access to traditional foods, cultural and linguistic communities,
- Community gardens are often associated with residential schools, but some agricultural communities such as the Iroquois and the Cree have been agricultural for a long time and have implemented gardens in their communities
- Another research stream (other than national parks, and food security in the north) is food in urban indigenous communities- land based food programs are expensive- transportation and gear
- Working with White Buffalo now, bringing kids out onto the land connecting to local foods- youth camps and physical activity camps
- Food sovereignty is essential to the health of the community
- Colonial histories matter- are directly linked to contemporary food access issues faced by rural and urban Indigenous Communities across the country
- Critical to engage indigenous communities to gain their insight into pressing issues that Canadians are facing, including food security and climate change- especially through respecting the history and Indigenous knowledge

#### **4. Networking Meeting**

Ben Chobater: the FUAP has been 15 months in implementation and he is doing a report to Council on the plan. Ben is looking to the KFPC to help understand what has been going on- He wants to spend an hour with the KFPC in August to review the plan. He will put together an email that we can distribute to our membership. He is looking for quick bullet point answers.

Anne Grube: Jon Steinman of deconstructing dinner, from Nelson, has written a book about co-op grocery stores.

<https://www.kickstarter.com/projects/jonsteinman/grocery-story-a-book-by-jon-steinman>

#### **B. Dinner**

#### **C. Networking Opportunity**

#### **D. KFPC Board Update - Carole**

- BCFSN (BC Food Systems Network) Conference- Sandra, Bonnie and Carole attended- Carole and Bonnie attended the Community of Practice prior to the gathering- focus on influencing municipal policy
- National Food Policy- All MPs have been requested to engage their communities- KFPC is meeting with Cathy McLeod on August 9th

## E. KFPC Programming Update -

GAP (Sandra) -

- The Gleaning program has come a long way- office, van, garden and kitchen having a home has made a huge difference, already gleaned 6000 pounds of cherries and apricots. Logan, is our amazing summer student. We have done an online waiver, so all volunteers have to re-register to take part, and we have almost 200 volunteers.
- Bonnie update:
  - Wild Salmon Caravan, Oct 11, planning is well underway
  - OCP- food amenities
  - Website
  - Food Insecurity conversation
  - University of the Streets Cafe
  - Grand Opening and volunteer

## F. Upcoming Events/Announcements

- Gardengate: Fresh produce sales going on now from Monday to Friday, 11:30-1:00pm
- Gardengate Salsa Challenge- Friday 18th 12:30- 3:00, games, door prizes, crafts and fun- look on Facebook for updates (Open Door Group Gardengate horticultural program). UPDATE: The event has been cancelled due to poor air quality.
- Pride Parade August 20th 11am
- ICS kitchen renovation- the kitchen is doubling in size! Extra workspace and a full canning pantry- new floors and sinks- two large stand up fridge coolers and a freezer- Main bathroom is being completely gutted and turned into two stalls and a laundry. Garden is very prolific and BEAUTIFUL!!!
- ICS has applied to be an official Community Food Centre, and there is a visit on Friday to tour the space.
- Urban Systems Foundation has volunteer resources that can be deployed for education and relief of poverty- if anything is needed, people can get in touch and Urban Systems can put together a team of 5 to 6 people and potentially small grants next year.

G. Member Organization Highlight/Education Topic for **September 6th 5:30 Mt Paul Food Centre- Mayoral Candidates will attend our meeting to speak about food security. Don't miss it!!**

**NEXT MEETING will be on Wednesday, Sept 6, 5:30-8pm 140 Laburnum**

Chair: Matt Greenwood

Minute Taker: Addie

Set up: Erica, Shelaigh

Clean up: Sandra, Deanna