



KFPC NETWORKING MEETING MINUTES

Wednesday, July 5th, 2017: 5:30-8:00 pm

Meeting runs from 5:30-7:30pm, clean up 7:30-8pm
Located at JUMP's Kamloops Royal Social Club

WELCOME from
Rotating Chairperson: Glenn Hilke
Note Taker: Bonnie Klohn

Set Up: Glenn and JUMP volunteers
Cleanup: Sandra, Deanna

1. Round table introductions at 5:30pm

Dennis (Lived Experience Committee), Matt Greenwood (ASK Wellness), Sandra Frangiadakis (KFPC Gleaning Abundance Coordinator), Carole Hebden (KFPC Board Chair), Deanna Hurstfield (Kamloops Organics Buying Club), Lisa Forth (Go Forth Composting), Joe (new to Kamloops, TRU Law student), Heidi Coleman (CAO of the Royal Inland Hospital Foundation), Steven (Horizon North and JUMP volunteer), Dave (Lived Experience Committee), Eric (JUMP Volunteer), Annie (JUMP volunteer), Brant (Lived Experience Committee), Maria (JUMP volunteer), Linda (JUMP volunteer), Street Mom (Royal Social Club Member), Cynthia (My Place), Rob Wright (Open Door Group Garden Gate), Bonnie Klohn (KFPC Regional Food Sovereignty Coordinator), Dede Bone (ICS Community Kitchens Coordinator), Laura Kalina (KFPC Board and Interior Health), Dave Whiting (Retired Agrologist, community gardener), Glenn Hilke (JUMP Coordinator and Elizabeth Fry Life Skills program coordinator), Kevin (JUMP Summer Student), Francis (TRU Student Union Rep).

2. Motion to accept minutes from May 3th meeting. Moved by Laura, carried.

3. Networking Meeting

A. Group Share: JUMP History

- Started outside in the Petland parking lot, moved to Kamloops Immigrant Services, then to Mt Paul United Church, and then to St. Vincent de Paul, each time growing in numbers.
- Needed JUMP's own space, and so they took current space on Royal Ave that they share with ASK Wellness who has office space and a mattress recycling program.
- Since opening on Christmas Eve they have been open every day for meals and serve about 1000-1200 meals a month.
- Recently JUMP took over several meals that are ending for the summer and are now serving:
 - o Breakfasts 6 days a week
 - o Lunch 6 days a week
 - o Dinner on Saturdays
- JUMP receives help from a lot of different agencies in the form of food and funding, they have a summer student to coordinate the garden located next to the Food Bank

- They are aiming in the long term to help people access meals and links and supports- in the long term they are hoping to do intakes to find out what people's needs are in terms of medical, housing etc.

What the group needs:

- JUMP would like to see more collaboration and dialogue between all food security groups in Kamloops- like a "Let's talk about food insecurity" event. There are many important aspects of this that need to be addressed such as transportation, housing, nutrition etc.
- Other members noted concerns about changes to Food Bank hampers, high cost and low availability of housing.

B. Dinner

C. Networking Opportunity

Go Forth Composting

- Go Forth Composting gave a presentation on composting and reducing food waste. Ideas for upcycling kitchen scraps:
 - o Make vegetable stock from kitchen scraps
 - o Use broccoli stems for making salad
- Lisa showed us an example of a 5 gallon pail composter that she makes
- Go Forth Composting can be contacted on Facebook or at goforthcompost@gmail.com

Francis: TRU Social Work Student and Student Union Rep

- There is a Food Bank that has started on Campus, that is in need of donations
- Francis is particularly concerned about the International Students who come to TRU on scholarship and the cultural adjustments that are required for these students to start out. Some of them come without bank accounts or knowledge of how to use ATMs or where to get food.
- September is the month where the need to get food to these students is the highest

JUMP Member/Volunteer concerns: children aging out of care, and concerns about the meal list maintenance in Kamloops, food security organizations in Kamloops are not visible on the web, it is hard to find out about them.

D. KFPC Board Update

Carole: Board Chair update

- First meeting of the new Board was on June 21st
- Excited about having staff and the collaborative leadership model of the staff
- Working on Food Policy:
 - o Engaging the City Staff to include more proactive policy in the City's Official Community Plan
 - o Joining the BC Food Systems Network gathering July 14-16
 - o National Food Policy survey
- New working groups of the Board: governance, fundraising events, regional food sovereignty, social enterprise, food policy and advocacy

Laura: National Food Policy Update

- The National Food Policy initiative has [a website and a survey](#) where people can indicate what they think should go in a national policy
- Groups are being encouraged to work with their local MP to hold discussions- KFPC will follow up with Cathy McLeod

E. KFPC Programming Update -

GAP (Sandra) -

- GAP has come a long way since the beginning of the program! We now have an office, a van, a summer student and co-workers!
- We have been gleaning lots of cherries
- We have received funding to start a Social Enterprise Pilot Project to create snacks for the Boys and Girls Club program participants.

KFPC News (Bonnie)

- Wild Salmon Caravan is coming up on October 11th in Kamloops. KFPC is helping with the organization and looking for volunteer artists, kitchen helpers and organizers
- New website coming soon- We are working with Dominique, a student funded through TRU/United Way, to reach out to Food Security Organizations in Kamloops to create a web page that shows the food security network in our city.
 - There is a website called www.eatkamloops.org that has information about local food sources

F. Upcoming Events/Announcements

- Gardengate is starting farm gate sales on July 17th, and will be selling produce every day from Monday to Friday 11:30am-1pm
- July 15th there is a concert/food drive being put on by TRU International Students called Hunger Heroes. For more information check out <http://www.kamloopssalvationarmy.ca/uncategorized/hunger-hero-fundraising-concert/>

G. Member Organization Highlight/Education Topic for August: undetermined, but it was decided to invite Mayoral Candidates to the September meeting for a Food Security discussion.

NEXT MEETING will be on Wednesday, August 2nd at the Mt Paul Community Food Centre at 140 Laburnum Street

Chair: Carole

Minute Taker: Bonnie

Set up: Rob

Clean up: Shelaigh, Lisa