



KFPC Networking Meeting, March 1 2017

Mount Paul Food Center
140 Laburnum St

Chair: Dede Bone

Minutes: Addie de Candole and Anne Grube

Attendees:

Laura Kalina, Carole Hebden, Elaine Sedgman, Deanna Hurstfield, Sandra Frangiadakis, Chris, Dede Bone, Rachel, Erica Mclellan, Amber Hum, Vessy Mochikas, Daniela Basile, Ben Chobater, Barb Lundstrom, Nicholas Adams, Wes Graham, Glenn Hilke, Myrna Teichroeb, Addie de Candole, Anne Grube, Donovan Cavers, Amanda Breuer, Shelaigh Garson, Ron, Matt Greenwood, Rob Wright, Rachel Tonn, Christine Karl

Unanimous decision to accept Feb 1 minutes.

Group Share

1. Brocklehurst Middle School, Vessy Mochikas

- **Community Ask: Looking for people to sign up to teach lessons for the Food Sustainability class, schedule is attached**
- has started a Food Sustainability class with 9 girls, grades 7-9
- are making smoothies happening in school (sell 18-22 twice a week)
- grow microgreens in the classroom, will use microgreens in their salad bar
- are learning about all of these different topics in the Food Sustainability course, are inviting different local experts into the classroom, class schedule is attached.
- food waste is a big priority at Brock
- want school to make money for the food sustainability programming, selling microgreens and apricot scones
- has a Google Doc with all of the times of these classes, will be sent out with the minutes so you can sign up there if you're interested (sheet is attached)

2. Kamloops Regional Farmers' Market, Amanda Breuer

- **Community Ask: Will have a monthly stall at the Saturday markets all summer, free 20x10 stall available to community groups as part of a "Learn and Grow Series", encourage groups to have an interactive workshop, seminar, or activity**
- want more hands on learning opportunities at the farmers' market

- Dede could do jam-making workshop, seed cleaning in October
- every second Saturday of the month, and a couple of Wednesdays
- May is tentatively booked with the Master Gardeners

Dinner, then Networking

ICS and Food Programming, **Dawn Christie, Dede Bone, and Shannon Gourlay**

- there are 5 food programs that run out of the ICS Mt Paul Food Center- public produce, food fit, meals on wheels, community kitchens, and community gardens
- an advisory committee for the center has been created, the KFPC is one of the members; also includes the Food Bank, Farm to School BC, and Farmers' Market
- open to feedback about programming and with the center
- mt paul food center - not an ICS center, it's a community center
- kfpc has an office now in the center, it's by the front entrance with the red door
- this year, the McDonald Park public produce garden will be managed by ICS and master gardeners as a teaching tool
- Food Fit - 12 week program, next session will be September (need 60 people), ask Dede for details
- KFPC wants to thank Mt Paul and ICS for doing all of this important food security work in Kamloops. This is another phase in the food security in Kamloops, this is really exciting
- ICS will be launching a new website in April
- lots of user groups in the center, not all food programming though
- the food center is a culmination of all of the partnerships and community groups in town
- have been applying for lots of grants for the center
- many of the organizations are donating food and time
- if you have ideas for the center, talk to Dawn about them
- will be receiving \$30,000 from New Gold for capital grant for new floors, windows in the kitchen, new freezers and equipment

Board update

- now have staff - Addie, Bonnie and Sandra, these three people will be working as an Executive Director, more of a collaborative leadership model
- May 3 is AGM
- want a smaller, more functional board, if you are interested in joining the board, talk to Laura
- Update from Gleaning Abundance Program
 - program will get started more in the Fall,
 - every Saturday now, Food Share drops off collected produce to the Mt Paul center as it would go bad if taken back to the Food Bank. 20-25 volunteers every week, 12-2pm email Sandra if you want to get involved. The volunteers who come in and do the work.
 - GAP workshop: next one is on March 17, fruit tree pruning workshop, if you want to get on the list, sign up for GAP email and keep an eye on their Facebook page

- Workshop: March 19, Seed Saving workshop, [link to event here](#). The KFPC is buying seed cleaning equipment thanks to Urban Systems
- Workshop: March 18, Pruning workshop, [link to event here](#)
- Farm to School: Arthur Hatton just got a grant, are composting with worms now (vermicomposting) and NorKam's courtyard garden is getting ready for spring, [check out the blog here](#)
- KFPC: we are still working on our website, and partnering with the Wild Salmon Caravan hopefully with the First Nations Health Authority

Shelaigh, Everyone's Eden Design

- will be offering permaculture workshops in Shelaigh's new studio downtown, skill sharing, living arts, crafts, workshops in the studio space
- workshop will be running in [Introduction to Permaculture Workshop March 25-26](#)
- Rain as a Resource water management in April
- May will be food forestry workshop

Nicholas Adams, Makerspace

- they are starting a pottery space in the Makerspace
- best place to find info is to sign up for their forum
- calendar is on the forum with all of the events coming up

Elaine, Master Gardeners

- received a grant from TD, partnering with the City of Kamloops, BC wildlife park, BLSC, TRU
- will be bringing a pollinator specialist from Vancouver and will be doing a pollinator survey in Kamloops. June 3-4 training days to learn how to do the survey. Survey will take place in Kenna Cartwright, TRU, wildlife park, with kids in the BLSC
- designated kamloops as a bee city. Wildlife park will be planting a pollinator pasture, Elaine is heavily involved, promote a xeriscape landscape
- Laurie Weidenhammer Queen Bee, speaks to the bees "Victory Gardens for the bees", free public presentation, [9am March 11 at TRU](#)
- will have booth at Green Living Expo, kids table, clinic demo for raised beds
- Elaine is working on a book for children

Glenn Hilke, JUMP

- invitations to March 31 at 10-4pm to Royal Social Club
- are open 6 days a week, over 700 people came through the doors in February
- Saturdays are the big meal, and free produce market once it starts again in April
- breakfast Tuesday and Thursdays, lunches on Tuesdays and Wednesdays, to fill in the meal gaps in the city
- all volunteer driven, always looking for volunteers, looking for chefs too

Food Bank

- partnerships are key, it's great to have the organizations to donate the food to, especially on Saturdays

Seedy Saturday, March 18, OLPH

- tables are all sold out, there will be lots of community groups at the event, and lots of farmers with seeds to sell
- 9:30-1:30pm, Eats Amore will have food truck
- [Facebook event](#)