



## KFPC MINUTES

**Wednesday, February 1, 2017: 5:30-8:00 pm**

Meeting runs from 5:30-7:30pm, clean up 7:30-8pm  
Mt Paul United Church, 140 Laburnum St

### NETWORKING MEETING

Rotating Chairperson: Glenn Hilke (Dede Bone covered the first half of the meeting)

Note Taker: Addie de Candole

**Attendees:** Lindsay Harris, Dave Whiting, Jen Casorso, Olive Shaun, Barb Lundstrom, Gabrielle Bray, Anne Grube, Corene Mckay, Rob Wright, Ron McKenna, Faith Lalonde, Amber Hum, Tracey Lodge, Kirsten Herman, John Woolmder, Lorraine Mallan, Kendra Besanger, Shelaigh Garson, Christine Karl, Dede Bone, Rosella Boulton, Nicholas Adams, Deanna Hurstfield, Bonnie (Oncore), Derek de Candole, Donovan Cavers, Addie de Candole

**Possible workshop topics** for the KFPC to host in 2017 include: Growing mushrooms, kombucha, food forests/permaculture, City's FUAP, sourdough, urban beekeeping, vegetable gardening, getting more school gardens, water kefir, fruit tree grafting, container gardening, natural building, social enterprise, community networking, trug portable garden, market gardening, seed saving, and there is interest in incorporating more food programs into Oncore.

**Accepted minutes from [December 7, 2016 meeting](#).** Rob passed and Kendra seconded.

#### Group Share

##### **Jen Casorso, City of Kamloops: Green Expo**

- Check out their [Facebook page](#)
- Green Expo, April 29 Saturday, 10am-4pm
- Looking for organizations to sign up for tables, \$200/table, non-profit rates available
- Want organizations to run information sessions during the Expo
- Inspiring healthy communities is the theme
- Application form is on the website, [www.kamloops.ca/expo](http://www.kamloops.ca/expo)
- It is a trade show format so you can be running workshops/information sessions to happen at your booth
- There is a lot of opportunity to partner with other groups (e.g. last year, the Master Gardeners gave away plants, another group had soil, and another had pots, so attendees had complete
- If interested in participating, email [greenliving@kamloops.ca](mailto:greenliving@kamloops.ca)
- In the City Activity Guide, there is now a Food and Urban Agriculture page to promote what's happening in the community. The Spring/Summer guide will go out in February, content for the information page is due to Jen by **Feb 8**. The guide will say the KFPC is a network opportunity for food programs in the city.

October will be the deadline for the Winter guide, though Jen will confirm the date beforehand.

#### **Lindsay Harris, PhD Research on the KFPC**

- Gave an overview of her research on the KFPC and is asking for feedback on her research, as this is the time to provide it before the research is started. Email Lindsay at [lindsayellenharris@gmail.com](mailto:lindsayellenharris@gmail.com) if you have any comments.
- See attachment for her presentation

#### **Highlight of Member Organization, Oncore Seniors Society, Lorraine**

- [Website](#)
- Want to get more involved with food
- Lorraine is really involved with food and the social aspect, want seniors to get out and be social and leave their home
- Want more support for the nutritional coupon program, had each senior do 3 educational sessions as a part, did cooking lessons
- Have seniors with a lot of experience with canning and preserving, but find it hard to find kitchen space and carry out workshops
- Kamloops United Church rents out their kitchen for cooking demonstrations, Lorraine is a professional chef, so teaches them to cook using food from the farmers' market
- Suggestion to have potlucks with seniors, but they don't really have a regular kitchen space to do this
- They were asked, "What is your biggest need right now?" Their answer was that funding and space are their biggest needs. Want to partner with other organizations to find larger spaces
- Have First Nations representation on their board, but want to be more involved with indigenous food systems
- Seniors Symposium in October 2017
- Office is 330 Seymour Street

#### **KFPC Board Update - Addie de Candole**

- We are now renting out office space in the Mt Paul Food Center, we have the office with the red door, immediately when you walk into the Center
- Next board meeting on February 15, will be discussing a staff proposal, and the 2017/2018 budget
- Received grant from Urban Systems, will be purchasing seed saving equipment and
- United Way and Gaming grants were applied for to fund the GAP and staffing needs
- Were unsuccessful in receiving the Grow Local grant
- Hosted the film Just Eat It last week, it had a high turnout and several community groups were involved in showcasing food waste in the community

## Member Update - News

Open Door Group, Gardengate

- GG has a need for a new building and commercial kitchen or at least an extension to their existing building including new bathrooms, office space,
- will be approaching community partners to ask for donations or in-kind support and for letters of support for funding
- feasibility study showed that there is not a huge demand for a commercial kitchen in town, and advised not to rush into a social enterprise
- partnering with TRU to help with the building and get marketing materials put together
- suggestion to partner with Northern Trailer to get a modular kitchen, Rob commented that the zoning is prohibitive

## Upcoming Events

Feb 13 - [Family Day at TCC](#)

Feb 14 - [Solidarity March](#) for Missing and Murdered Aboriginal Women

Feb 15 - [Indoor Farmers' Market](#) starts at the Sandman Center

March 5 - [Farm to Chefs](#) AGM

Mondays/Tuesdays - [Food Fit program](#) run by Dede Bone at Mt Paul

**Member Organization Highlight for March:** Mt Paul Food Center, Dawn Christie

**NEXT MEETING will be on March 1, 5:30-8pm MOUNT PAUL CHURCH**

Meeting Dates	Chair	Note Taker	Set Up	Clean Up
<b>March 1</b>		Anne	1. Christine 2. Amber	1. Rosella 2. Shelaigh 3. Barb
<b>April 5</b>		Kendra	1. Dede 2. Amber	1. Barb 2. Addie 3.
<b>May 3 - AGM</b>	Laura	Addie/Kendra	1. Dede 2. Shelaigh	1. Rosella 2. Barb 3.